

AORN 2009 Delegate Report
to
Richmond Area AORN

Submitted by

Lisa A. Baltimore – Delegate Chair
Diane Evans
Faye Hughes
Bonnie Garretson
Debbie Martin
Jean Watling
Donna Winderweedle

Opening Session-WHAT IF AND WHY NOT? – Submitted by Bonnie Garretson, RN

The opening session of the 2009 AORN Congress was called What If and Why Not? with Mike Rayburn as the guest speaker. Mr. Rayburn is a world class guitarist standup comedian. He has been called the World's Funniest Guitar Vislviso. He currently performs 120 shows per year and has transformed his career from the college entertainment scene to the corporate market as well as selected theater engagements. He uses his unique guitar and hilarious songs to illustrate tools conference attendees' cause to step beyond perceived limitations. He says the tools took him from playing to seven people to Carnegie Hall.

Mr. Rayburn showed us how "we can think outside the box." He talked about turning challenges into creative results, setting goals that don't exist and seizing opportunities. He asked us questions like "are you driving with the brakes on" and "what would it take for me to become the best?" While speaking to us, he would play and sing a song, i.e. a country song rap, a rock song country. He did such artists as Bob Marly doing a Garth Brooks song and Led Zepplin singing Dr. Seuss.

This was a wonderful program. Writing about does not do it justice. My favorite song was Dueling Banjos. He did both guitar and banjo parts on the guitar and the banjo part as a banjo player from the Middle East. Arabian Bluegrass as he called it.

First Forum - submitted by Diane Evans

The first Forum was held on Sunday to discuss a large number of proposed Association by-laws amendments. The proposed amendment related to the nominating committee generated the most discussion. The 2008 house of delegates supported a mentorship and leadership development component but there was opposition to the Board of Directors appointing members to the committee and to reduce the number of elected members. Proposed changes included a name change to "Leadership Selection and Development committee", to increase from five to seven members with the two additional members being appointed by the elected committee members. These appointed members would be chosen from the extensive "leadership pool". The committee would establish effective processes for the development of members who are able to serve in leadership roles. Some subjected to elect more members if needed for the Nominating Committee.

The second Forum was held on Wednesday. There was much discussion on AORN's principles to be used in Evaluating Allied Health Legislative Initiatives that was also adopted by the 2008 House of Delegates. After a few concerned Nurses spoke the the issue and the language changes suggested Jane Rothrock DNS,RN,CNC,FAAN, suggested that the two sides bring a compromise language to the House. Points of view from individuals on the National Legislation Committee meet and agreed on the rewording of the final Paragraph In question to the House for a vote.

I would like to thank the Richmond Area AORN for allowing me to attend the 56th annual Congress in Chicago. It was a revival and rewarding experience for me.

First House of Delegates - Faye Hughes

President Banschbach convened the First House of Delegates Tuesday, March 18, at 8 AM. 1167 authorized delegates registered for Congress.

Highlights for fiscal year 2008 included a 4.6% growth in revenue for AORN and 67% growth in revenue for AORN Works. Membership in AORN reached an eight-year high and the Foundation raised more than 1 million dollars in funds.

In 2007 AORN made a profit. However, in 2008 Investment income declined 27% because of the downturn in the stock market and did not cover the operating loss. This led to a net income loss of \$1.6 million. Other effects of the economy on AORN include lower revenues from industry and the lessening nurses' disposable income, which affects sales of AORN services and products.

The Board and AORN managers have implemented several solutions to mitigate the impact of the economy on the association. These include moving investments, eliminating merit increases, reducing 401K match for AORN staff, delaying capital projects, reducing travel, reducing marketing and other expenses. The association will begin assessing the possibility of dues increase in 2010. The yearly cost of services to members is currently 115.97. AORN receives \$80 and AORN chapters receive \$20 per member that results in a \$35.77 deficit per member.

Association's achievements 2008 include a content management system to aid in the development of recommended practices, the standardized perioperative record (now called Syntegrity) development of position statements to be brought to the house, a new tool kit, and several webinars.

2009 strategic priorities include implement cutting-edge technology, upgrading member database to improve its integration with other software programs such as online education and the Communities of Practice.

Nominating Committee accomplishments this year include development of an electronic candidate application and 2009-2010 ballot. No nominations were made from the floor.

The President of the AORN Foundation Board of Trustees presented foundation Report titled "A Dozen Makes a Difference". AORN Foundation supports nurses in 12 ways (e.g., funding of AORN programs, scholarships, research grants). He suggested 12 ways to give to the Foundation, (e.g., twelve month pledge automatic withdrawal, one time donation and more.)

The house was adjourned.

Jerry G. Peers Lecture- Presented by Keith Harrell- Report Donna Winderweedle

Motivational speaker Keith Harrell presented to the Congress “CONNECT: Building Success Through People, Purpose and Performance”. He entered to the song “Pump it Up” and began dancing across the stage his enthusiasm and energy was apparent from his entrance.

He stated he reviewed his talk over and over in his mind to prepare for the event. He said the one thing he remembered when he reviewed the talk was that there was a connection between him and the audience. He stated that with the current financial crisis and many people being laid off that people tend to disconnect, but the key is to stay connected in whatever you do.

You must stay connected to family, patient safety, and physicians. Attitude is the most important thing, have an attitude with gratitude always see the best in a situation or person. As long as you can look up you will always get up. Using the acronym CONNECT Keith explains his building for success theory.

C stands for commit to win. Constantly grow in your knowledge and skills, and focus on the little things. One is committed when they attend educational seminars and conferences that allow you to network and share best practices in your field.

O is for open up to opportunities. Don't stay closed minded because of the fear to open up to new challenges or opportunities. One must embrace change and in order to do this you must know the 3 W's for change. 1. Why change? Sometimes we look for the how to do something when the why to do something is stronger. 2. What do I need to do? 3. Wins, count your wins even the small ones.

N is for notice what is needed and do what is necessary. Be aware of attitudes and notice body language. 70% of attitude is non-verbal. Learn what motivates you. Laughter and love are great motivators and he did a demonstration with 4 people imitating their dogs when they see them when they come home. It was a site to behold the wiggles as they imitated their dogs when they arrived home, the audience was in laughing and clapping.

N is for navigate, plant the seeds to connect with others. Have a vision or purpose it will take you farther than you can see.

E is for execute your vision ethically. Do what's right because it is right.

C is for challenges, run to them not away from the challenges. Conquer your challenges by using 3 master keys. Guard your ear-gate- it's important not to let bad stuff in try to find the positive ways to say things. Monitor your eye-gate; pull bad thoughts from your mind throw them on the floor and stomp on them. Control your mouth-gate, when you speak good things, good things come out. Any time you put love on something you'll always have more power. “I love you or I am proud of you great phrases to use.

T the final letter is for transcend beyond your best. Be the difference and impact someone's life.

At the end of the presentation Harrell started his theme song again and joined in with the audience high fiving as many people as he could. A conga line formed and the crowd really was into the music and as the music said they “Pumped it up”.

Report on the Second House of Delegates - Submitted by Jean Watling RN, BSN, CNOR

During the Second House of Delegates session at AORN Congress new position statements and bylaws amendments were discussed and voted on. The decisions made by AORN's delegates included:

1. Passing the AORN Position Statement on Key Components of a Healthy Perioperative Work Environment
2. Passing the AORN Position Statement on Noise in the Perioperative Practice Setting
3. Passing the AORN Revised Position Statement on Perioperative Care of Patients with Do-Not-Resuscitate Orders

AORN's Bylaws Committee also proposed 21 bylaws amendments. The delegates voting results are as follows:

- Passed bylaws amendment related to membership and dues that will now allow associate membership to be defined as "an individual who is not a registered nurse who provides or provided direct or indirect perioperative services and who supports the mission of AORN."
- Rejected bylaws amendment related to Nominating Committee section 1, which would have allowed the appointment of two advisors to work with elected members of the Nominating Committee
- Approved a resolution altering AORN's Principles to be Used in Evaluating Allied Health Legislative Initiatives. The final paragraph of the principles, which originally were adopted by the House of Delegates in 2008, was altered to strike the words "will oppose" and insert "shall not support." The paragraph now reads: "AORN shall not support allied health personnel initiatives seeking regulation that do not meet the criteria set out in the above principles. If the criteria are met, AORN will further evaluate the legislation." This is important in states that are seeking the passage of RN Circulator legislation and getting lobbying support from AORN.

The results of the 2009 Elections were announced. They are as follows:

President-Elect

Charlotte L. Guglielmi, RN, BSN, MA, CNOR

Treasurer

Sarah "Anne" Fairchild, RN, MS, CNOR

Board of Directors

Rhonda L. Anders, RN, BSN, MSM, CNOR

Peter B. Graves, RN, BSN, CNOR

Darin M. Prescott, RN, BC, BSN, CNOR, CASC

Victoria M. Steelman, PhD, RN, CNOR, FAAN

Nominating Committee

Karen B. Moser, RN, BSN, CNOR

Maureen M. Pennington, CAPT, NC, USN, RN, BSN, MSN, CNOR

The Perioperative QuizBowl submitted by Debbie Martin

The sixth annual Perioperative QuizBowl started with a bang during late 2009 as AORN announced the need for teams to participate. Tamie Zobel promoted the idea to the Richmond Chapter. Volunteers included Tamie Zobel, Team Captain, Lisa Baltimore, Debbie Martin, Bonnie Vencil, and Donna Winderweedle as alternate. The team was named “Richmond Rockin’ Robins.” Shortly after the team was formed, a round of practice questions was sent to participants. Several weeks later, the real competition began as teams took the online timed test to determine the four participating teams. The questions were not about standards of practice, but about evidence-based practice.

From this round of questions, three teams were selected to compete against the Arizona Roadrunners. The Final Four teams were:

Arizona Roadrunners (winners from the previous year)

Margaret E. Wiggins, RN, BSN, CNOR - *Team Captain*
Ellice M. Mellinger, RN, MS, CNOR
Marsha Keller, RN, BSN, CNOR
Hooshang Nematollahi, RN, BSN, MBA, CNOR
Amy Eberle-White, RN, CNOR - *Alternate*

Big AppleBottom Geniuses

Kara L. Colopinto, RN, BSN, CNOR - *Team Captain*
Bernadette H. O'Brien, RN
Kristine Leigh, RN
Emily M. Pak, RN
Erin B. Lowen, RN, CNOR - *Alternate*

Hokie Nation

Amy W. Woods, RN, CNOR - *Team Captain*
Dee A. Hawthorne, RN, CNOR
Aiesha N. Anderson, RN
Terri L. Bateman, RN
Darla S. Kerr, RN - *Alternate*

Quad Squad

Rebecca E. GLuessing, RN, BSN, CNOR - *Team Captain*
Christie Coverdill, RN, BSN, CNOR
Constance E. Melby, RN, MS, CNOR
Wendy Muniz, RN
Julie M. Nevills, RN – *Alternate*

The day of the competition was March 17th. The Roadrunners seemed to have all the luck! The judges frolicked on stage dressed in their best leprechaun fashions as they were announced. Congress attendees were excited that even they were able to participate and test their own knowledge of evidence-based perioperative care.

In the first round, the Big Apple Bottom Geniuses were sliced out of the competition by the Arizona Roadrunners, and the Quad Squad was out gobbled by the Hokie Nation. The final round was a very close fight, but the Arizona Roadrunners were again the ultimate winners of the 2009 AORN Perioperative QuizBowl.



Why would one want to participate in the Perioperative QuizBowl? Perhaps the competition would be fun. The thought of winning was fun to talk about and plan a possible costume. Perhaps the competition would be a learning experience. Audience participants learned key terms to pay attention to when examining research articles to insure the research could be generalized to perioperative practice or not. Those who participated in the initial round wore a ribbon at Congress identifying him or her as a QuizBowl participant. The participants of the Final Four teams were given free Congress registration. To the Richmond Chapter, that could have been a savings of \$2000.

Closing Session – Matt Weinstein - submitted by Lisa A. Baltimore

Matt Weinstein is the nation's foremost authority on the use of fun and humor in team building. Called "The Master of Playfulness" by PEOPLE Magazine and "America's Pied Piper of Play" by the Houston Post, Matt Weinstein's playful vision has been the subject of dozens of national newspaper articles, magazine features, and television appearances.

Matt is the founder and Emperor of Playfair, Inc., an international consulting firm based in Berkeley, California whose philosophy is, "If you take yourself too seriously, there is an excellent chance you'll wind up seriously ill!" Matt was elected to the Professional Speaker's Hall of Fame by the National Speaker's Association, and was honored by Successful Meetings Magazine as one of the "21 Top Speakers for the 21st Century."

Matt's television special "FUN WORKS!: The Power of Humor in the Workplace" was broadcast nationally on PBS. His latest book, GENTLY DOWN THE STREAM was released in September of 2006 and his previous book DOGS DON'T BITE WHEN A GROWL WILL DO: What Your Dog Can Teach You About Living A Happy Life was the #3 bestseller on the nationwide bestseller list, "What CEOs Are Reading."

Matt Weinstein will help you to energize your workforce, reduce stress on the job, and build an enthusiastic team. Matt's long-term partnerships with companies like AT&T, IBM, and PriceWaterhouseCoopers have helped them reward, retain, and revitalize their key employees. Matt demonstrated how to motivate and inspire your employees to be more productive, and how to teach them how to create a corporate culture of support and celebration at work. And most importantly, Matt will show your people that work can be fun!