



Chapter 4702 Richmond AORN

www.richmondaorn.com

Spring 2010, Issue 1

Sharp Lines

President's Message

Reaching the Peak of Perioperative Practice



Safety • Quality • Collaboration

This has been a busy year for the chapter. The Board has met numerous times and discussed new and different ways to do business of the chapter. You will see this highlighted in the committee reports. The chapter entered the PeriOperative Quizbowl as the Richmond Rockin' Robins and qualified for the Final 4 to compete at Congress 2010. We also celebrated 45 years as a chapter.

Membership did increase and we have had the opportunity to have 14 student nurses join our membership. The use of email has proven successful in sending information to the chapter and keeping everyone informed. OR Nurse Link has gone live. [OR Nurse Link](#) provides operating room professionals a place to connect with each other and exchange helpful resources, ideas, and practices. Sign in using your AORN member login and password and get connected to PeriOperative professionals like yourself.

The summer will be very busy with all of the activities that will

continue. They include but are not limited to:

1. The RN circulator bill
2. The golf tournament
3. Promoting perioperative nursing, and
4. The routine activities to keep the chapter active.

I now turn the reins over to the new President, Tami Zobel and the 2010-2011 Board of Directors. I know the chapter will be in capable hands. I encourage all of the chapter members to stay turned during the summer for constant updates and participate on a committee.

It has been an honor and privilege to serve as your president this year. Thank you for joining in the climb to reach our peak of perioperative practice. I ask that each join the 2010- 2011 theme: Freedom to Lead. Every nurse is a leader.

Thank you for your support.
Lisa A. Baltimore

Officers

President

Lisa A. Baltimore, RN, BSN

President-Elect

Tami Zobel, RN, CNOR

Vice President

Debbie Martin, RN, MSN, CNOR

Past President

Donna Winderweedle, RN, BSPA, CNOR

Secretary

Pat Frasher, RN, CNOR, CRNFA

Treasurer

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Board of Directors

Diane Evans, RN, CNOR
Faye Hughes, RN, CNOR
Janine Schroder, RN, CNOR
Sharon Vaughan, RN, CNOR
Pam Wheadon, RN, CNOR

Nominating Committee

Victoria Conover, RN, CNOR
Jane Hutt, RN, CNOR
Janet Shortt, RN, BS, CNOR

Newsletter Committee

Debbie Martin, RN, MSN, CNOR, Editor
Jean Watling, RN, BSN, CNOR
Sue Cheatham RN, CNOR, Webmaster

"I've learned that if I don't try new things, I won't learn new things."

From *Live and Learn and Pass It On*

Board of Director Meetings

May 10, 2010	Dinner Meeting	6:00 PM
Wild Ginger, 3734 Winterfield Road, Ste 300, Midlothian, VA 23113		
June 14, 2010	SMH Room 159	6:30 PM (Joint Board Meeting)
August 9, 2010	SMH Room 159	6:30 PM

Chapter Meeting Dates

May 17, 2010

Officer Installation - Dinner Meeting – 6:00 PM

Topeka's, 1776 Parham Road, Richmond, VA 23229

RSVP by May 15: Debbie Martin 839-4042 or debbie_martin@bshsi.org

September 20, 2010 SMH Room 161

October 18, 2010 SMH Room 156

November 15, 2010 SMH Room 161

Upcoming Events

July 16 – 17, 2010 Leadership Conference Denver, CO

October 5, 2010 AORN Golf Tournament The Crossings, Richmond, VA

October 23, 2010 Workshop & VCORN Meeting South Hill, VA

AORN Dues Increase

AORN dues will be increasing to \$125 per year, effective July 1, 2010. Until then, AORN is running a special where a member may renew his or her membership for three years and receive a 10% discount. Therefore, one would pay \$270 for the next three years rather than \$375 after July 1.

Tournament of Roses Parade 2013

As Nurses, let us take this opportunity to put our wonderful profession in the international spotlight. Several million people watch the Rose Parade every January 1st. Join us in the project via your financial [donations](#), encourage your professional association to serve as a [patron](#), encourage individuals, businesses and corporations to [sponsor](#) the Nurses Float. Another way to participate is to [Honor a Nurse](#) via our eBouquet and/or eCards, and finally serve as a [volunteer](#) to decorate the Nurses Float. Learn more at <http://flowers4thefloat.org>

Newsletter and Website Info

See the Richmond AORN website for the latest newsletters, chapter activities, fund raising events, award nominations, and more. Go to www.richmondaorn.com Information for future newsletters can be sent to Debbie Martin at dlmar10@aol.com

Awards Committee

The Awards Committee is comprised of 2 entities:

A. Mary C. Evans Award

B. Caspari Award

Nomination packets for both awards are located on the chapter website (www.richmondaorn.org).

Please take the time to review the packets and submit a nominee for 2011.

Nominations for the Caspari Award are to be submitted to Ruth Vaiden.

Nominations for the Mary C. Evans Award are to be submitted to Faye Hughes.

If you have any questions or need any help, please feel free to contact us.

Deadline for submission for the Mary C. Evans Award is **June 1**.

Contact Faye Hughes for assistance. Email: hughesfo@aol.com



2010 – 2011 Richmond AORN Board of Directors and Nominating Committee

President	Tamie Zobel, RN, CNOR
President Elect	Debbie Martin, RN, MSN, CNOR
Vice President	Lisa A. Baltimore, RN, BSN
Secretary	Jean Watling, RN, BSN, CNOR
Treasurer	Janet Wingfield, RN, CNOR
Board of Directors	Bonnie Garretson, RN June Hill, RN, CNOR Faye Hughes, RN, CNOR Sharon Vaughan, RN, CNOR Pam Wheadon, RN, CNOR
Nominating Committee	Jan Heizer, RN, CNOR Jane Hutt, RN, CNOR Jackie Repass, RN, CNOR

The Chapter depends on its members. Please consider serving on a committee.

Legislative Update

The Virginia Board of Health Professions is authorized by statute to advise the Governor, the General Assembly, and Department of Health Professions Director on matters related to the regulation or deregulation of healthcare professions and occupations. The Board, through its Regulatory Research Committee, undertook a study into the need to regulate Surgical Assistants and Surgical Technologists and has concluded that these professions pose a sufficient risk of harm to the public to require regulation. At its Nov. 11, 2009 meeting, the Committee requested staff to develop options for licensing surgical assistants and requiring mandatory certification for surgical technologists. Staff developed four options and at the Feb. 9, 2010 meeting the Committee requested public comment on these options.

AORN and VNA are in support of our RN Circulator initiative. The VNA has recommended that we contact James Pickral (lobbyist for VNA) to establish our “next steps”. The telephone survey to determine use of RN circulator in Operating Rooms statewide is ongoing. The next state coordinators conference call is Tuesday April 13, 2010 @ 8pm.

Congratulations to Steve Balog as he has accepted to serve as the Region 2 Legislative Coordinator!



Every patient deserves a perioperative nurse.

Important Points:

- Visit the Chapter website for the latest updates to chapter activities. Go to www.richmondaorn.com
- Support your chapter fundraisers. These activities allow the chapter to assist in funding delegates to AORN Congress as well as fund the Owens and Minor Scholarship that was set up by Richmond AORN.
- Consider earmarking your tax-deductible AORN Foundation contributions to be applied to the endowment of the Owens and Minor Scholarship.
- Interested in applying for an AORN Educational Scholarship? Go to www.aornfoundation.org
- **OR Nurse Link** provides operating room professionals a place to connect with each other and exchange helpful resources, ideas, and practices. Sign in using your AORN member login and password.
- Submit **Delegate Point Sheets** and documentation to **Debbie Martin**. They must be post marked no later than **June 1, 2010**. Point Sheets may be found on the Chapter website.

Ways and Means

The Ways & Means Committee planning the annual golf tournament for October 5, 2010 at The Crossings Golf Course. Consider participating on the planning committee to help make the event successful. The next Ways and Means Committee meeting is **May 26 at 4:30 PM** at Panera Bread, Willow Lawn.

Members are also asked to donate \$5 to \$10 to Bonnie Garretson, Ways and Means Chair, to help purchase rope buckets full of beverages for raffling at the golf tournament. One will contain alcohol and the other one sodas, water, and juices. We invite everyone to come to the meetings and HELP.

FYI, the committee is looking into a food tasting night at Whole Foods Grocery. If anyone has any ideas for fund raising, please contact Bonnie Garretson @ threeblacklabs@clearwire.net or at Bonnie_Garretson@bshsi.org



Evidence Based Practice Committee (EBP)

Recognizing a) The Joint Commission's spear-heading of patient safety issues regarding hospital acquired pressure ulcers and their complications and b) health insurance companies now unwilling to pay for hospital acquired pressure ulcers' extending length of stay (LOS), the potential loss of revenue, and the impact on all surgical nurses, the EBP committee agreed to study / measure the skin pressure effects of positioning / pressure relieving devices commonly used in OR's.

EBP and AORN members participated in and evaluated products by measuring skin pressure changes using sphygmomanometer, tubing, and 2"x2" bladder taped to skin of elbow resting on table top. Five different materials used in OR for padding / positioning patients to prevent skin pressure / ulcers were measured on members and volunteers (n = 8). Outcomes were mixed as barriers of in-vitro measuring of skin pressure when not totally dependent i.e. anesthetized vs. awake patient, different size arm circumferences and individual arms ability to remain dependent were inconsistent. The only consistency in skin pressure measurement was gel pad measured 14-34 mmHg decrease (n = 8), better than foam / egg crate, and the flat side of egg crate decreases skin pressure by an average of 12mmHg while the "egg crate" side proved only 5mmHg. It was agreed that further measurements would continue to be inconclusive unless done in a case controlled study in an OR setting.